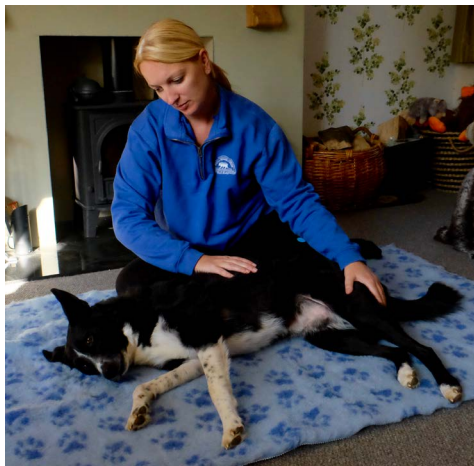




Massage Therapy



Available By Appointment

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What is Massage Therapy?

In the early nineteenth century, Per Henrik Ling from Sweden, was responsible for developing the soft tissue techniques and names of movements that are considered the foundation of all massage modalities, such as effleurage, petrissage, friction, tapotement and vibration.

It was soon realised that massage could heal injuries, relieve pain, reduce stress and enable a deep relaxation.

Today, massage therapy is a highly respected form of conservative management and practiced across the world. Not only has it developed in the human world, it has also been realised as a valuable profession within the animal world.

Various massage and stretching techniques can be applied, enabling the animal to not only perform to their full potential, but for those who may be having a quieter life, it can keep them supple, comfortable and using themselves correctly in their golden years.

Increase and improve circulation

Enhance muscle tone

Relax muscle spasm

Prevent and relieve adhesions

Increase the range of movement

Issues Massage Can Help

Soreness

Unable to go up / down stairs

Unable to get in / out of car

Mobility issues

Lost their 'sparkle'

Depressed

Posture changes

Coat changes

Uneven nail wear

Twitching of skin

Old before their time

Unwilling on walks

Stiffness

Back / Neck / Hip issues

Poor agility performance eg: weave entry,
measuring, knocking poles



How Does it Work?

Massage is a unique, strong, manipulative treatment for dogs and works by releasing tight, sore muscles, removing debilitating trigger points (or knots) that can cause referred pain and helps to break down restrictive scar tissue.

Alongside its natural benefits, massage therapy can also work well alongside pharmaceutical pain relief enabling the therapist to work deeper and ask more of the muscles and joints with the support of anti-inflammatory medication.

Before any treatment begins, by law, the therapist must seek veterinary referral.

Massage should only be carried out by a skilled, trained and insured professional who is able to locate and treat which muscle groups are responsible for the pain. It is also the responsibility of the therapist to refer findings back to the treating veterinary surgeon, especially should there be no improvement or further issues are discovered during or as a result of treatment.

Massage Benefits

Canine Massage has many benefits. It can be used to rehabilitate your dog from injury, relieve discomfort, stiffness, lameness and help restore mobility. The aim is to promote the relaxation of tight, inflexible muscles, to improve their elasticity and range of movement (ROM). In addition massage can help dogs to cope with orthopaedic issues, such as arthritis, hip dysplasia and spondylosis.

Improves Flexibility & Range Of Motion
Supports Orthopaedic Conditions like

Arthritis,

Hip Dysplasia, Luxating Patella and
Spondylosis

Resolves or Improves Lameness

Improves Circulation and Coat

Reduces and remodels inhibiting scar tissue

Relief from chronic muscular issues

Releases Trigger Points & Areas of Spasm

Improves Agility/Obedience/Flyball

Performance Significantly

Breaks down knots and adhesions which
inhibit movement



For prices and enquiries please get in contact with Claire on the details below. Covering Essex and South Suffolk for home visits.



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